



“ I know when I was told I needed dialysis, I felt like my world would end. It was so helpful to have someone who has experienced it before to encourage me and let me know it would be all right. ”  
 - Dialysis Patient

ReMend provides no-cost mentoring, encouragement and guidance to those affected by kidney disease, anyone facing dialysis, a transplant or a living donation.

Our culturally diverse team of trained volunteers participate in various education classes, community outreach programs such as PEP Talks as well as one-on-one mentoring.

ReMend is part of your overall healthcare team that includes support from friends, family, your medical staff and social workers. Our goal is help you gain a better understanding of your circumstances so that you can make informed health choices and live a higher quality of life.

Visit [www.sdremend.org/mentors](http://www.sdremend.org/mentors) to see our team of available mentors along with personal success stories.

[www.ReMend.org](http://www.ReMend.org) | (858) 218 6534  
[mentorinfo@sdremend.org](mailto:mentorinfo@sdremend.org)



**Renal Empowered Mentors for Education  
 in Nephrology & Dialysis**

ReMend® is a non-profit 501(c)(3) organization that was formed with Balboa Nephrology Medical Group (BNMG), along with a core group of past and present End Stage Renal Disease (ESRD) patients that have undergone dialysis, kidney transplant or kidney donation. Our mentoring services and education programs are provided at no cost to patients. This is made possible through funding and donations from the general public, government grants and corporate contributions.

[www.ReMend.org](http://www.ReMend.org)

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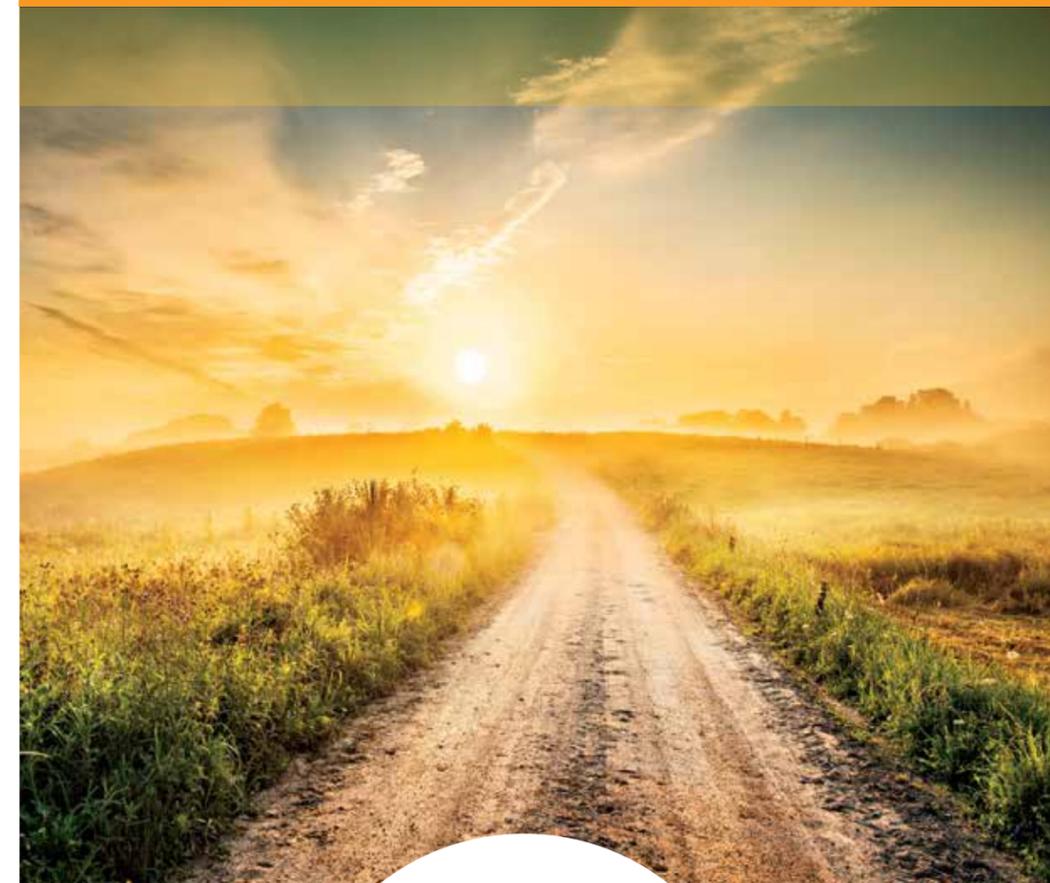
**Balboa Nephrology Medical Group, Inc.**

BNMG is a physician group specializing in the care of patients with kidney disease and related illnesses. In addition to office- and hospital-based patient care, BNMG physicians manage the dialysis treatments of approximately 2,500 patients at 30 dialysis centers and also provide many ancillary services like transplantation.

[www.bnmg.org](http://www.bnmg.org)

ReMend mentors have undergone dialysis, successful kidney transplants or kidney donations

We understand what you are going through



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Renal Empowered Mentors for Education in Nephrology & Dialysis



“ I just wanted to thank you for helping me realize how far I have come with facing ESRD. Your advice with addressing one obstacle at a time including moving forward with home peritoneal dialysis, getting my donor tested and having a transplant helped me to finally take control over my health instead of just relying on my medical team.”

-ESRD Patient

“ I am so grateful for the opportunity to be a part of this program: to be able to speak with a mentor changed how I view my illness.”

-ESRD Patient

“ I would love it if a potential dialysis or transplant patient could be paired with someone that has lived through the same experience. It would be helpful to me, therapeutic to them and some of the burden would be lifted off of the doctor.”

-BNMG Doctor

**Mentors are here to listen, provide encouragement and share success stories.**

**Visit [www.ReMend.org](http://www.ReMend.org) today to connect with a ReMend mentor.**

Mentors are good listeners and share their personal experiences and success stories about:

- Home dialysis education and the various options available.
- The living kidney donation process for finding a potential donor or becoming a donor.
- The risks and things to be aware of with patients who have both diabetes and kidney disease.
- The benefits and importance of transplant medicine adherence.
- Advice and guidance for family, friends and other care givers.



“ Donating my kidney was the RIGHT thing to do. There was never any doubt as to what needed to be done. Showing God’s love and grace doesn’t mean it should be only to family and friends. He meant it for all people.”

-ReMend Mentor

“ Having a mentor from ReMend in our educational class is very helpful! The mentor was able to jump in and answer questions that I didn’t have answers for. It really opened up the dialog with the class members and potential donors. At the beginning of the class only three people were potential kidney donors and at the end there were six!”

-Social Worker